[Doctor's Letterhead]

[Doctor's Name]

[Doctor's Title]

[Doctor's Practice Name]

[Doctor's Address]

[City, State, ZIP Code]

[Email Address]

[Phone Number]

[Date]

[Recipient's Name]

[Recipient's Title]

[Company Name]

[Company Address]

[City, State, ZIP Code]

Dear [Recipient's Last Name],

RE: Emotional Support Letter

I hope this letter finds you well. I am writing to provide my professional recommendation for [Patient's Full Name] to obtain an emotional support animal (ESA) in accordance with the regulations outlined by the [Applicable Laws and Regulations]. As [Patient's Full Name]'s primary care physician, I have been closely involved in their healthcare and believe that an ESA could significantly contribute to their emotional well-being.

[Patient's Full Name] has been under my care since [Date of First Consultation] and has been diagnosed with [Brief Description of Patient's Emotional Condition]. This condition has had a noticeable impact on their daily life, causing significant emotional distress, anxiety, and hindered functioning in various areas, such as work or social interactions. As part of their comprehensive treatment plan, we have explored various therapeutic interventions and medications to manage their symptoms effectively.

Considering [Patient's Full Name]'s unique circumstances, I strongly believe that an emotional support animal would serve as a valuable adjunct to their treatment. Extensive research has demonstrated the positive effects of the human-animal bond on mental health, including reduced anxiety, improved mood, increased socialization, and enhanced overall well-being. An ESA would provide [Patient's Full Name] with constant companionship and emotional support, promoting a sense of security, stability, and unconditional acceptance.

As a responsible physician, I have duly assessed [Patient's Full Name]'s eligibility for an ESA and have determined that it is a medically necessary component of their treatment plan. I can confirm that the presence of an ESA will contribute to alleviating their emotional distress and enhancing their overall quality of life. Therefore, I highly recommend granting [Patient's Full Name] the necessary accommodations and permissions to have an ESA in their residence.

I kindly request that you consider [Patient's Full Name]'s application for an ESA with utmost care and compassion. If there are any further inquiries or discussions required regarding this matter, please do not hesitate to contact me at your convenience using the contact information provided above.

Thank you for your attention and understanding in this matter. By granting [Patient's Full Name] the opportunity to have an emotional support animal, you will significantly contribute to their overall well-being and aid in their journey towards improved mental health.

Yours sincerely,

[Doctor's Full Name]

[Doctor's Title]

[Doctor's Practice Name]